

Say2AI | POWER OUTAGE

FAMILY QUICK-GLANCE GUIDE • Print it. Keep it handy. Make a plan.

1 GET READY BEFORE AN OUTAGE

- ☐ Prepare flashlights, batteries, a charged power bank and a battery-powered radio.
- ☐ Keep drinking water, shelf-stable food, essential medicines and basic first-aid supplies.
- ☐ Download offline maps and save important contacts before you need them.
- ☐ Plan for anyone relying on electrically powered medical equipment; ask their care provider about backup options.

2 FIRST STEPS WHEN POWER GOES OUT

- ☐ Check whether the outage affects your home or the wider area; contact your power provider when safe.
- ☐ Use battery-powered lights rather than candles where possible.
- ☐ Unplug sensitive devices to reduce surge damage; leave one light switched on to notice restoration.
- ☐ Save your phone battery and follow local alerts or official instructions.

3 STAY SAFE DURING THE OUTAGE

- ☐ Keep refrigerator and freezer doors closed to help food stay cold.
- ☐ Never use generators, charcoal grills, camp stoves or other fuel-burning devices indoors, in garages or near open windows: deadly carbon monoxide can build up.
- ☐ Do not use gas cooking appliances to heat your home. Move somewhere safer if extreme temperatures or medical needs make staying dangerous.
- ☐ Check on people who may need help. For immediate danger, call your local emergency services.

4 WHEN ELECTRICITY RETURNS

- ☐ Check refrigerated and frozen food using local food-safety advice. Never taste food to test whether it is safe; when uncertain, throw it out.
- ☐ Check any medicines requiring refrigeration with a pharmacist or healthcare professional.
- ☐ Recharge supplies, restore devices carefully and update your family emergency plan.

MY LOCAL EMERGENCY NUMBER: _____ **POWER PROVIDER:** _____

Safety notice: This is general educational information, not official emergency or professional advice. Follow local authorities, emergency services and qualified professionals. Safety needs and rules vary by location.

Research references (no endorsement implied): [redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/power-outage.html](https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/power-outage.html) | [foodsafety.gov/keep-food-safe/food-safety-in-disaster-or-emergency](https://www.foodsafety.gov/keep-food-safe/food-safety-in-disaster-or-emergency)

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